

Menu – Week One

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><u>Breakfast</u> Cereals Prunes Fresh Tomatoes Mushrooms Toast Preserves Tea/Coffee Juices</p>	<p><u>Breakfast</u> Cereals Grapefruit Beans on Toast Toast Preserves Tea & Coffee Juices</p>	<p><u>Breakfast</u> Cereals Prunes Boiled/Poached Egg Toast Preserves Tea & Coffee Juices</p>	<p><u>Breakfast</u> Cereals Grapefruit Chipolatas Tomatoes Toast Preserves Tea & Coffee Juices</p>	<p><u>Breakfast</u> Cereals Prunes Scrambled Egg Toast Preserves Tea & Coffee Juices</p>	<p><u>Breakfast</u> Cereals Grapefruit Bacon & Egg Toast Preserves Tea & Coffee Juices</p>	<p><u>Breakfast</u> Cereals Prunes Toast & Fresh Tomatoes Toast Preserves Tea & Coffee Juices</p>
<p><u>Mid Morning</u> Coffee/Tea Cake</p>	<p><u>Mid Morning</u> Coffee/Tea Cake</p>	<p><u>Mid Morning</u> Coffee/Tea Cake</p>	<p><u>Mid Morning</u> Coffee/Tea Cake</p>	<p><u>Mid Morning</u> Coffee/Tea Cake</p>	<p><u>Mid Morning</u> Coffee/Tea Cake</p>	<p><u>Mid Morning</u> Coffee/Tea Cake</p>
<p><u>Lunch</u> Lasagne Sauté Potatoes & Seasonal Veg Or Corned Beef Salad</p>	<p><u>Lunch</u> Home made Beef Burgers with Duchess Pots with Seasonal Veg Or Tuna Salad</p>	<p><u>Lunch</u> Lambs Liver with Orange Sauce with Seasonal Veg Boiled Potatoes Or Cheese Salad</p>	<p><u>Lunch</u> Suet Sausage & Bacon Roll with Seasonal Veg & Mashed Potatoes Or Salmon Salad</p>	<p><u>Lunch</u> Fried Fish Batter French Fries Peas Or Filled Jacket Potatoes with Salad</p>	<p><u>Lunch</u> Chicken Pie Or Fresh Mushroom Omelette Or</p>	<p><u>Lunch</u> Roast Chicken with Seasonal Veg Roast Potatoes Or Egg Salad</p>
<p><u>Pudding</u> Banana & Custard</p>	<p><u>Pudding</u> Rice Pudding with Raspberry Jam</p>	<p><u>Pudding</u> Fruit Cocktail Evaporated Milk</p>	<p><u>Pudding</u> Lemon Cheese Cake</p>	<p><u>Pudding</u> Stewed Apple with Custard Ice Cream</p>	<p><u>Pudding</u> Plum Crumble & Cream</p>	<p><u>Pudding</u> Trifle</p>
<p><u>Afternoon</u> Tea or Coffee & Cake</p>	<p><u>Afternoon</u> Teas or Coffee Cake</p>	<p><u>Afternoon</u> Tea or Coffee Cake</p>	<p><u>Afternoon</u> Tea or Coffee Cake</p>	<p><u>Afternoon</u> Tea or Coffee Cake</p>	<p><u>Afternoon</u> Tea or Coffee Cake</p>	<p><u>Afternoon</u> Tea or Coffee Cake</p>
<p><u>Tea Time</u> Bacon & Onion Quiche – Cake</p>	<p><u>Tea Time</u> Gala Pie Beetroot Pickle - Cake</p>	<p><u>Tea Time</u> Corned Beef with Chips/Beans</p>	<p><u>Tea Time</u> Cauliflower Cheese – Cake</p>	<p><u>Tea Time</u> Turkey Roll Spaghetti/Toast Cake</p>	<p><u>Tea Time</u> Poached Egg on Toast – Cake</p>	<p><u>Tea Time</u> Soup & Croutons – Cake</p>