

Homeleigh Sample winter menus

Breakfast

Choice of cereals, Porridge
Grapefruit, prunes and orange juice
Fried egg on toast
Toast and preserves

Lunch

Shepherds Pie with seasonal vegetables
or
Vegetable curry
or
Sardine salad
Peach flan and cream
or
Yoghurts

Tea

Soup of the day
Ham with side salad
Assorted sandwiches
Sultana sponge

Supper

Hot drinks
Biscuits
Sandwiches

Breakfast

Choice of cereals and porridge
Grapefruit, Prunes and orange juice
Sausages and tomatoes
Toast and preserves

Lunch

Gammon joint with sauce or gray
Roast potatoes with seasonal vegetables
or
Tuna salad
Banana split with strawberry sauce
or
Ice cream

Tea

Soup of the day
Cheese flan with salad garnish
Assorted sandwiches
Fruit cake

Supper

Hot drinks
Sandwiches
Biscuits