

Sample Lunch Menu

| DAY | MAIN MEAL | VEGETARIAN OPTION | SECOND OPTION | DESSERT | SECOND DESERT |
|-----------|------------------------------|---------------------------|---|-------------------------------------|--------------------------|
| MONDAY | SMOKED HADDOCK | VEGETARIAN GRILL | SAUSAGES | STEAMED SPONGE AND CUSTARD | FRESH FRUIT OR ICE CREAM |
| TUESDAY | STEAK AND KIDNEY PIE/PUDDING | QUICHE | SWEET AND SOUR CHICKEN WITH RICE OR NOODLES | FRUIT JELLY WITH CREAM OR ICE CREAM | FRESH FRUIT OR ICE CREAM |
| WEDNESDAY | TURKEY ESCALOPE | CHEESE OR EGG SALAD | PRAWN CURRY AND RICE | BANANA CUSTARD | FRESH FRUIT OR ICE CREAM |
| THURSDAY | BACON CHOPS | QUORN SPAGHETTI BOLOGNESE | CORNER BEEF | FRUIT FLAN | FRESH FRUIT OR ICE CREAM |
| FRIDAY | FRIED COD | STEAMED FISH | OMLETES AND EGG | MILK PUDDING | FRESH FRUIT OR ICE CREAM |
| SATURDAY | COTTAGE PIE | CHEESE OR EGG SALAD | CHICKEN NUGGETS WITH SALAD | FRUIT WITH CREAM | FRESH FRUIT OR ICE CREAM |
| SUNDAY | ROAST LAMB | FISH OR CHEESE SALAD | CHICKEN | CHEESECAKE | FRESH FRUIT OR ICE CREAM |

Sample Tea Menu

| DAY | FIRST CHOICE | SECOND CHOICE | SWEET |
|------------|-------------------------|----------------------|----------------|
| MONDAY | PASTA BAKE | SOUP | BUTTERFLY CAKE |
| TUESDAY | FISH CAKES AND TOMATOES | SOUP | SCONES AND JAM |
| WEDNESDAY | SCRAMBLED EGG | SOUP | MOUSSE |
| THURSDAY | SAUSAGE ROLLS AND BEANS | SOUP | FRUIT CAKE |
| FRIDAY | JACKET POTATOES | SOUP | LEMON CAKE |
| SATURDAY | ASSORTED SANDWICHES | SOUP | CHOCOLATE CAKE |
| SUNDAY | SEAFOOD SALAD | SOUP | ECCLES |