

Week 1

Week commencing.....

Unit.....

| | Breakfast | Lunch | | | | Tea / Supper |
|------------------|------------------------|--|---|-----------------|---------------------------------------|------------------------------------|
| | | 1st Choice | 2nd Choice | 3rd Choice | Dessert | |
| Monday | Mushroom / Bacon | Poached Fish with a Parsley Sauce | Vegetable Stew with Herb Dumplings (Pearl Barley) | Cheese Salad | Apple Sponge with Custard | Soup of the Day |
| | | Mixed Veg and Mashed Potatoes | | | | Selection of Sandwiches |
| | | | | | | Cheese & Potatoe Pie |
| | | | | | | Assorted Cakes |
| Tuesday | Hash Brown / Fried Egg | Roast Chicken | Cauliflower Cheese | Cold Meat Salad | Warm Semolina & Jam | Soup of the Day |
| | | Chips and / or Mashed Potatoes with mixed Vegetables | | | | Selection of Sandwiches |
| | | | | | | Spaghetti on Toast |
| | | | | | | Ice Cream |
| Wednesday | Poached Egg | Gammon | Corned Beef with Pickle | Egg Salad | Jam Tart & Custard | Soup of the Day |
| | | Mixed Veg | | | | Selection of Sandwiches |
| | | | | | | Fish Cake & Tomatoes |
| | | | | | | Jelly & Fruit |
| Thursday | Sausage / Beans | Minced Beef | Cheese & Onion Flan | Tuna Salad | Fruit Salad & Custard | Soup of the Day |
| | | Mixed Veg | | | | Selection of Sandwiches |
| | | | | | | Cornish Pasties & Salad |
| | | | | | | Mousse |
| Friday | Bacon / Egg | Fried Cod & Chips | Ham & Chips | Corn Beef Salad | Sultana Sponge with Custard | Soup of the Day |
| | | Chips and / or Mashed Potatoes with Peas and Baked Beans | | | | Selection of Sandwiches |
| | | | | | | Sausage Roll & Salad |
| | | | | | | Ice Cream with Fruit |
| Saturday | Sausage / Tomatoes | Chicken & Vegetable Pie | Vegetarian Sausage | Egg Salad | Rice Pudding with Jam and Fresh Fruit | Soup of the Day |
| | | Mixed Veg | | | | Selection of Sandwiches |
| | | | | | | Fish Cake & Spaghetti |
| | | | | | | Cake |
| Sunday | Poached Egg | Roast Turkey | Cheese Omelette & Tomatos | Ham Salad | Banana & Custard | Soup of the Day |
| | | Mashed Potatoes and mixed Vegetables | | | | Selection of Sandwiches |
| | | | | | | Seafood Platter with Salad |
| | | | | | | Fruit & Jelly decorated with Cream |