

Weybourne Sample Menu

Date From..... To

Week

PORRIDGE, CEREAL AND FRUIT JUICE DAILY SEASONAL VEGETABLES DAILY

	BREAKFAST	LUNCH	TEA
MONDAY	Poached Eggs	Haddock Mornay Salads Bacon chops Saute Potatoes Mixed Veg Semolina & Jam	Soup of the day Jacket Potatoes Baked Beans Assorted Sandwiches Victoria Sponge
TUESDAY	Hash Browns Mushrooms	Steak & Kidney Pie Cheese Potatoo Pie Salads Jam & Coconut Sponge with Custard Yogurts	Soup of the day Omelettes with Grilled Tomatoes Assorted Sandwiches Jam Tarts
WEDNESDAY	Fried Egg Bubble and Squeak	Meatballs in onion Gravy Vegetable slice and vegetables Apple Crumble Creamy Custard Arctic Roll	Soup of the day Cheese on Toast Spaghetti Assorted Sandwiches Coffee and Walnut Cake Fresh Fruit
THURSDAY	Assorted Cereals Toast Assorted Yogurts	Boiled Bacon with Pease Pudding Cornish Pasties Ham Salad Blanchmange and Jelly	Soup of the Day Chicken Nuggets and Salad Assorted Sandwiches Marble Cake Fresh Fruit
FRIDAY	Potatoe Waffles Mushrooms	Fried or Steamed Fish Chips or Mash Sausage Egg and Chips Salad Peaches Upside Down sponge and Custard Cheese and Biscuits	Sausage Roll and Baked Beans Assorted Sandwiches Iced Victoria Cake
SATURDAY	Egg and Bacon	Savoury Mince & Dumplings Salad Cheese Cake Cheese Biscuits	Soup of the Day Ravioli with Toast Assorted Sandwiches Various Cakes
SUNDAY	Cereals and Fruit Juice	Roast Lamb with Mint Sauce Boiled/Roast Potatoes Salad Apple Pie Fresh Cream	Soup of the Day Buffet Gateaux